

## **2020 Resources List for Our Communities:**

Where to get some assistance.

Links gathered by SWL Officers. List researched and compiled by SWL Secretary  
Summer 2020.

### **General Resources:**

(USA) Help with food, housing, bills, stimulus info:

<https://www.usa.gov/disaster-help-food-housing-bills>

(USA) Small Business Administration

<https://www.sba.gov/funding-programs/disaster-assistance>

(USA) Aunt Bertha, search for resources by zip code.

<https://www.auntbertha.com/>

(TEXAS) Resource Searches by topic or location

<https://www.211texas.org/>

(TEXAS) Help & Resources for Texas Veterans

<https://www.texvet.org>

(TEXAS) The State Bar of Texas has [a hotline at 800-504-7030](https://www.sbtexas.org/hotline) to connect Texans with legal service providers, who can give assistance with bankruptcy and debt-collection matters, unemployment applications and other civil legal problems.

(CENTRAL TEXAS) United Way Resources and Links

<https://www.unitedwayaustin.org/connectatx/>

### **FOOD:**

(USA) School Meal Finder

<https://schoolmealfinder.hoonuit.com/>

(USA) USDA WIC food program

<https://www.fns.usda.gov/wic>

(CENTRAL TEXAS) Find Food Now: Maps and resources list kept up to date of where to find immediate food.

<https://www.centraltexasfoodbank.org/food-assistance/get-food-now>

## **Austin, Tx. Resources:**

Information on Covid, local rules and resources & help.

<https://www.austintexas.gov/department/covid-19-information/covid-19-resources>

Austin Energy: assistance with your bills, energy and money saving tips

<https://austinenergy.com/ae/residential/your-bill/customer-assistance-programs>

Austin Independent School District: Food for Students

<https://www.austinisd.org/openforlearning/meals>

Resources for Parents & Children

<https://www.austinchildguidance.org/parents/resources/covid-19-resources.html>

Safe Place: 512-267-SAFE (7233)

A great, but older article with many resources and links in it!

<https://www.kut.org/post/how-get-help-and-help-austin-during-coronavirus-pandemic>

## **Mental Health Resources:**

(USA) Suicide Hotline: 800-273-TALK (8255)

(TEXAS) Texas Health & Human Services COVID -19 Mental Health Support Line  
833-986-1919

(TRAVIS COUNTY) Integral Care:

<https://integralcare.org/en/covid-19-update/>

## **LGBTQ Resources:**

(USA)(GLOBAL) Links and Resources

<https://lgbtfunders.org/covid-19-response/>

(USA)(TEXAS)(AUSTIN) Has resource links & help

<https://www.equalitytexas.org/covid-19-resources/>

(AUSTIN) Resources for businesses including stimulus help, state and federal help and local help.

<https://austingbtchamber.com/covid19/>